

AMSA 5K

Tallahassee, Florida

start: 57' south of 200 meter pole on FSU track. The pole is adjacent to lane 1 start for the 200 meter dash

1 mile: on east side of Stadium Dr, 8' north of south edge of parking lot for Clinical Learning Center.

2 mile: 45' SE of traffic stopline, on SE corner of Stadium Dr. and Hendry St.

3 mile: on FSU track, 59' NE (clockwise) from 300 meter pole.

Finish at SE corner of FSU track, at white line labelled "FINISH" (for backstretch sprints)

Course Summary

The race starts near the NE corner of the track, and does 1/2 circuits in a counter clockwise direction before exiting the track via the SW gate. It does a loop north of the track, then goes south for a loop by the stadium before returning directly to the track.

It enters the S.W. gate and proceeds clockwise for 300 meters to the Finish in the S.E. corner.

measured by Bill McGuire
12/27/05

